

SINGLE ESSENTIAL OILS

Quick Reference Chart

	APPLICATION			SKIN SENSITIVITY			SKU
	AROMATIC	TOPICAL	INTERNAL	NEAT	SENSITIVE	DILUTE	
ARBORVITAE <i>Thuja plicata</i>	A	T		N			49360001
BASIL <i>Ocimum basilicum</i>	A	T	I	N			30010001
BERGAMOT <i>Citrus bergamia</i>	A	T	I		S		30790001
BLACK PEPPER <i>Piper nigrum</i>	A	T	I		S		41040001
BLUE TANSY <i>Tanacetum annuum</i>	A	T		N			60203383
CARDAMOM <i>Elettaria cardamomum</i>	A	T	I	N			49350001
CASSIA <i>Cinnamomum cassia</i>	A	T	I			D	30020001
CEDARWOOD <i>Juniperus virginiana</i>	A	T			S		49300001
CILANTRO <i>Coriandrum sativum</i>	A	T	I	N			41850001
CINNAMON BARK <i>Cinnamomum zeylanicum</i>	A	T	I			D	30030001
CLARY SAGE <i>Salvia sclarea</i>	A	T	I	N			30420001
CLOVE <i>Eugenia caryophyllata</i>	A	T	I			D	30040001
COPAIBA <i>Copaifera reticulata, officinalis, coriacea, and langsdorffii</i>	A	T	I		S		60202178
CORIANDER <i>Coriandrum sativum</i>	A	T	I	N			30780001
CYPRESS <i>Cupressus sempervirens</i>	A	T		N			30050001
DOUGLAS FIR <i>Pseudotsuga menziesii</i>	A	T		N			31590001
EUCALYPTUS <i>Eucalyptus radiata</i>	A	T			S		30060001
FENNEL (SWEET) <i>Foeniculum vulgare</i>	A	T	I		S		41290001
FRANKINCENSE <i>Boswellia carterii, sacra, papyrifera, and frereana</i> TOP SELLER	A	T	I	N			30070001
GERANIUM <i>Pelargonium graveolens</i>	A	T	I		S		30090001
GINGER <i>Zingiber officinale</i>	A	T	I		S		31630001
GRAPEFRUIT <i>Citrus x paradisi</i>	A	T	I	N			30100001
GREEN MANDARIN <i>Citrus nobilis</i> NEW!	A	T	I	N			60205794
HELICHRYSUM <i>Helichrysum italicum</i>	A	T	I	N			30410001
JASMINE TOUCH <i>Jasminum grandiflorum</i>	A	T		N			60201812
JUNIPER BERRY <i>Juniperus communis</i>	A	T	I	N			49290001
LAVENDER <i>Lavandula angustifolia</i> TOP SELLER	A	T	I	N			30110001
LEMON <i>Citrus limon</i> TOP SELLER	A	T	I	N			30120001
LEMONGRASS <i>Cymbopogon flexuosus</i>	A	T	I		S		30130001
LIME <i>Citrus aurantifolia</i>	A	T	I		S		30870001
MAGNOLIA TOUCH <i>Michelia alba</i> NEW!	A	T		N			60205420

MARJORAM <i>Origanum majorana</i>	A	T	I	N		30140001
MELISSA <i>Melissa officinalis</i>	A	T	I	N		30850001
MYRRH <i>Commiphora myrrha</i>	A	T	I	N		30160001
NEROLI TOUCH <i>Citrus x aurantium</i>	A	T		N		60201817
OREGANO <i>Origanum vulgare</i> TOP SELLER	A	T	I		D	30180001
PATCHOULI <i>Pogostemon cablin</i>	A	T	I	N		30890001
PEPPERMINT <i>Mentha piperita</i> TOP SELLER	A	T	I		S	30190001
PETITGRAIN <i>Citrus aurantium</i>	A	T	I		S	49520001
PINK PEPPER <i>Schinus molle</i> NEW!	A	T	I	N		60207016
ROMAN CHAMOMILE <i>Anthemis nobilis</i>	A	T	I	N		30800001
ROSE TOUCH <i>Rosa damascena</i>	A	T		N		60201813
ROSEMARY <i>Rosmarinus officinalis</i>	A	T	I	N		30200001
SANDALWOOD <i>Santalum album</i>	A	T	I	N		30210001
SANDALWOOD, HAWAIIAN <i>Santalum paniculatum</i>	A	T	I	N		41860001
SIBERIAN FIR <i>Abies sibirica</i>	A	T	I	N		60203125
SPEARMINT <i>Mentha spicata</i>	A	T	I		S	31610001
SPIKENARD <i>Nardostachys jatamansi</i>	A	T		N		49510001
TANGERINE <i>Citrus reticulata</i>	A	T	I	N		49440001
TEA TREE <i>Melaleuca alternifolia</i> TOP SELLER	A	T		N		60208340
THYME <i>Thymus vulgaris</i>	A	T	I		D	30220001
TURMERIC <i>Curcuma longa</i> NEW!	A	T	I	N		60206973
VETIVER <i>Vetiveria zizanioides</i>	A	T	I	N		30430001
WILD ORANGE <i>Citrus sinensis</i> TOP SELLER	A	T	I	N		30170001
WINTERGREEN <i>Gaultheria fragrantissima</i>	A	T			S	31620001
YARROW POM <i>Active Botanical Nutritive Duo</i> NEW!		T	I	N		60207652
YLANG YLANG <i>Cananga odorata</i>	A	T	I	N		30240001

ESSENTIAL OIL BLENDS

Quick Reference Chart

	APPLICATION		SKIN SENSITIVITY				SKU
	AROMATIC	TOPICAL	INTERNAL	NEAT	SENSITIVE	DILUTE	
AROMATOUCH® <i>Massage Blend</i>		T		N			31200001
<i>Cypress, Peppermint, Marjoram, Basil, Grapefruit, Lavender</i>							
dōTERRA BALANCE® <i>Grounding Blend</i>	A	T		N			31010001
<i>Fractionated Coconut Oil, Spruce, Ho Wood, Frankincense, Blue Tansy, Blue Chamomile, Osmanthus Absolute</i>							
dōTERRA BREATHE® <i>Respiratory Blend</i>	A	T			S		60200190
<i>Laurel Leaf, Eucalyptus, Peppermint, Tea Tree, Lemon, Cardamom, Ravintsara, Ravensara</i>							
CITRUS BLISS® <i>Invigorating Blend</i>	A	T		N			31020001
<i>Wild Orange, Lemon, Grapefruit, Mandarin, Bergamot, Tangerine, Clementine, with Vanilla Absolute</i>							
CLARYCALM® <i>Monthly Blend for Women</i>	A	T		N			49480001
<i>Clary Sage, Lavender, Bergamot, Roman Chamomile, Ylang Ylang, Cedarwood, Geranium, Fennel, Carrot Seed, Palmarosa, Vitex</i>							
DDR PRIME® <i>Cellular Complex</i> NEW!	A	T	I		S		60207092
<i>Frankincense, Wild Orange, Litsea, Thyme, Clove, Summer Savory, Niaouli, Lemongrass</i>							
DEEP BLUE® <i>Soothing Blend</i> TOP SELLER		T			S		60200143
<i>Wintergreen, Camphor, Peppermint, Ylang Ylang, Helichrysum, Blue Tansy, Blue Chamomile, Osmanthus Extract</i>							
DIGESTZEN® <i>Digestive Blend</i> TOP SELLER	A	T	I	N			31030001
<i>Star Anise, Peppermint, Ginger, Caraway, Coriander, Tarragon, Fennel</i>							
ELEVATION <i>Joyful Blend</i>	A	T		N			31040001
<i>Lavandin, Tangerine, Lavender, Amyris, Clary Sage, Hawaiian Sandalwood, Ylang Ylang, Ho Wood, Osmanthus Absolute, Lemon Myrtle, Melissa</i>							
HD CLEAR® <i>Topical Blend</i>		T		N			49400001
<i>Black Cumin Seed Oil, Ho Wood, Tea Tree, Eucalyptus, Geranium, Litsea</i>							
IMMORTELLE <i>Anti-Aging Blend</i>		T		N			60202652
<i>Frankincense, Sandalwood, Lavender, Myrrh, Helichrysum, Rose</i>							
INTUNE® <i>Focus Blend</i>	A	T		N			41840001
<i>Amyris, Patchouli, Frankincense, Lime, Ylang Ylang, Hawaiian Sandalwood, Roman Chamomile</i>							
dōTERRA ON GUARD® <i>Protective Blend</i> TOP SELLER	A	T	I		S		31100001
<i>Wild Orange, Clove, Cinnamon, Eucalyptus, Rosemary</i>							
PASTTENSE® <i>Tension Blend</i>	A	T		N			31350001
<i>Wintergreen, Lavender, Peppermint, Frankincense, Cilantro, Marjoram, Roman Chamomile, Basil, Rosemary</i>							
PURIFY <i>Cleansing Blend</i>	A	T		N			31060001
<i>Lemon, Siberian Fir, Citronella, Lime, Tea Tree, Cilantro</i>							
dōTERRA SERENITY® <i>Restful Blend</i>	A	T		N			49530001
<i>Lavender, Cedarwood, Ho Wood, Ylang Ylang, Marjoram, Roman Chamomile, Vetiver, Vanilla Absolute, Sandalwood</i>							
SLIM & SASSY® <i>Metabolic Blend</i> TOP SELLER	A	T	I		S		31370001
<i>Grapefruit, Lemon, Peppermint, Ginger, Cinnamon</i>							
TERRASHIELD® <i>Outdoor Blend</i>	A	T		N			31700001
<i>Fractionated Coconut Oil, Ylang Ylang, Tamanu, Nootka, Cedarwood, Catnip, Lemon Eucalyptus, Litsea, Vanilla Absolute, Arborvitae</i>							

WHISPER® Blend for Women	A	T		N				31080001
<i>Fractionated Coconut Oil, Patchouli, Bergamot, Hawaiian Sandalwood, Rose Absolute, Vanilla Absolute, Jasmine Absolute, Cinnamon Bark, Vetiver Absolute, Ylang Ylang</i>								
ZENDOCRINE® Detoxification Blend	A	T	I	N				31460001
<i>Tangerine, Rosemary, Geranium, Juniper Berry, Cilantro</i>								




EMOTIONAL AROMATHERAPY OIL BLENDS

dōTERRA MOTIVATE® Encouraging Blend	A	T			S			31740001
<i>Peppermint, Clementine, Coriander, Basil, Yuzu, Melissa, Rosemary, Vanilla Absolute</i>								
dōTERRA CHEER® Uplifting Blend	A	T			S			31720001
<i>Wild Orange, Clove, Star Anise, Lemon Myrtle, Nutmeg, Vanilla Absolute, Ginger, Cinnamon Bark, Zdravetz</i>								
dōTERRA PASSION® Inspiring Blend	A	T			S			31760001
<i>Fractionated Coconut Oil, Cardamom, Cinnamon Bark, Ginger, Clove, Sandalwood, Jasmine Absolute, Vanilla Absolute, Damiana</i>								
dōTERRA FORGIVE® Renewing Blend	A	T			S			31750001
<i>Spruce, Bergamot, Juniper Berry, Lemon, Myrrh, Arbovitae, Nootka Tree, Thyme, Citronella</i>								
dōTERRA CONSOLE® Comforting Blend	A	T		N				31730001
<i>Frankincense, Patchouli, Ylang Ylang, Labdanum Absolute, Amyris, Sandalwood, Rose, Osmanthus Extract</i>								
dōTERRA PEACE® Reassuring Blend	A	T		N				31710001
<i>Vetiver, Lavender, Ylang Ylang, Frankincense, Clary Sage, Marjoram, Labdanum Absolute, Spearmint</i>								




dōTERRA KIDS COLLECTION NEW!

THINKER™ Focus Blend NEW!	A	T		N				602026633
<i>Fractionated Coconut Oil, Vetiver, Clementine, Peppermint, Rosemary</i>								
CALMER™ Restful Blend NEW!	A	T		N				60206632
<i>Fractionated Coconut Oil, Lavender, Cananga, Buddha Wood, Roman Chamomile</i>								
STRONGER™ Protective Blend NEW!	A	T		N				60206654
<i>Fractionated Coconut Oil, Cedarwood, Litsea, Frankincense, Rose Extract</i>								
RESCUER™ Soothing Blend NEW!	A	T		N				60206635
<i>Fractionated Coconut Oil, Lavender, Spearmint, Copaiba, Zanthoxylum</i>								
STEADY™ Grounding Blend NEW!	A	T		N				60206617
<i>Fractionated Coconut Oil, Amyris, Balsam Fir, Coriander, Magnolia</i>								
BRAVE™ Courage Blend NEW!	A	T		N				60206618
<i>Fractionated Coconut Oil, Wild Orange, Amyris, Osmanthus Extract, Cinnamon</i>								

APPLICATION METHODS

 Can be used aromatically  Can be used topically  Can be used internally

SKIN SENSITIVITY

 Can be used topically with no dilution (NEAT)  Dilute for young or sensitive skin (SENSITIVE)  Dilute before using topically (DILUTE)